

## **Microsuction Earwax Removal**

# Farhana Hoque BSc (Hons)

Earwax, also known as cerumen, is produced inside your ears to keep them clean and free of germs. It usually passes out of the ears harmlessly, but sometimes too much can build up and block the ears. Excessive ear wax can cause pain, tinnitus, infection and hearing loss through blockage.

The amount of ear wax that the body produces differs from person to person, the amount that is retained within the ear also differs for each of us - these differences include age, diet, lifestyle, ethnicity and personal anatomy. Microsuction helps those who have excessive ear wax that is causing a blockage and resulting in a hearing loss or unpleasant feeling in the ear.

#### **How Microsuction works**

An otoscopic examination (looking down your ears with a magnifying lens and light) will identify if earwax is causing any of these problems. Microsuction ear wax removal is undertaken using a microscope and a medical suction device, hence the term microsuction. A very thin wand type fitting is fitted to the end of the suction tube which allows the professional to gently remove the ear wax from your canal. Usually microsuction does not need pretreatment with drops, however, two days of Earol (clinically treated olive oil) is the best preparation.

### Why Microsuction?

Microsuction is the safest and most comfortable method of ear wax removal, no liquids are used during the procedure, which means that there is no fuss or mess during the procedure. Microsuction allows us to clearly see the ear canal and more importantly, exactly what we are doing, making it an exceptionally safe procedure. It is usually undertaken in a few minutes, making it a same day service.

#### The Benefits of Microsuction Earwax Removal

- 1. Earwax Removal by microsuction is the safest possible way to do it, because the professional can always see what they are doing.
- 2. Microsuction earwax removal is the quickest process for ear cleaning, usually lasting no longer than twenty minutes
- 3. Syringing is an old out-of-date method of removing earwax. If you have a bad experience with syringing in the past you can be assured that microsuction is much more comfortable.

Unlike ear syringing and ear irrigation, it is safe for people who have a perforated eardrum or mastoid cavity, in addition to any foreign object that may be lodged inside the ear canal.

For more information or to book a free 15 minute consultation please call the **Natural Healthcare Centre** on (01283) 516444 or 07706715095.